



Bell Creek Bulletin



Bellbrook Sugar Creek Schools

Bell Creek Intermediate School, 3777 Upper Bellbrook Rd, Bellbrook, OH 45305
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Issue 7- February 2018

Important Dates

February 2nd- Go Red for the American Heart Association- wear red today

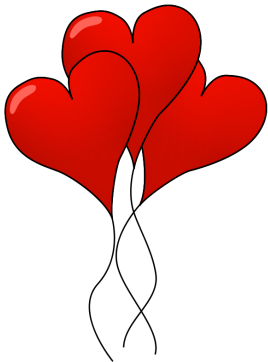
February 8th- School Board Meeting, 7:00 PM at the Board of Education Office

February 12th-16th- Random Acts of Kindness Week

February 13th- PTO, 7:00 PM at Bellbrook Middle School

February 16th- No School- Staff Professional Development

February 19th- No School- Presidents Day



2018-2019 Class Requests

Requests for class placements for the 2018-2019 school year are being accepted. Direct all requests to Jill Adams. Requests must be written (email is acceptable) and are due by April 30th.

Principal's Message

Happy February! While we all enjoyed some extra time off in January due to the weather, we are excited for a busy February at Bell Creek!

Eagle Coupons

Bell Creek staff members started giving out Eagle Coupons in late January. Eagle Coupons are given to students who go above and beyond the expectations to be responsible, respectful, peaceful and a problem solver at school. When a student is awarded an Eagle Coupon, it is announced on the morning announcements then mailed home. We are excited to recognize positive behaviors as part of our PBIS plan!

Valentine's Day Celebrations

Teachers will send home class lists so that students can prepare for Valentine's Day card exchanges. Valentine's Day isn't a large class party celebration, but students and teachers do enjoy exchanging cards with each other. Please contact your child's teacher directly if you have questions about plans for your child's classroom.

Bell Creek is Awarded BSEF Grants

The Bellbrook Sugarcreek Education Foundation accepts grant applications from teachers every year. Funding for these grants is generated by annual magazine sales, private donations and the annual A Spirited Affair event. You can learn more about the BSEF on the Bellbrook Sugarcreek Schools [Website](#). Bell Creek was awarded four grants this year!

Mrs. Seela and Ms. Nichol- 4th Grades GIS and District Tech Specialist- Interactive Living Space

This grant will be used to purchase materials that will allow students to work together to plan out and design an interactive space (a classroom space that is controlled electronically...lights, sounds, music etc).

Mrs. Malas- Nurse, Heart Safe School
BSEF Grant funds will be used to begin the process of earning the “Heart Safe School Accreditation” for Bell Creek Intermediate. The mission of the “Heart Safe School Accreditation” program is to “increase awareness of sudden cardiac arrest in youth and prevent death from sudden cardiac arrest in both private and public school settings with emergency preparedness and continuing education.”

Mrs. Malas is passionate about doing everything to keep our students and staff in our district safe and healthy. Lives will undoubtedly be saved by increasing the number of staff (and students) who are certified and/or trained in CPR. Having a well-practiced response to medical emergencies will also save lives.

Mrs. Taylor- Physical Education, Heart Zone Heart Monitors

The Blink 3.0 is a new device that combines a heart monitor with a pedometer. It communicates to an IPAD in real time showing individual student work levels as they are physically active. Physical Education has 5 national and state standards. Students wearing Blink 3.0 can work directly on Standard 3 (Knowledge and Skills to Achieve and Maintain Fitness) and Standard 5 (Recognizing Value of jump rope, practicing the overhand throw, or working in cooperative games, to name only a few.

Mrs. Combs- 3rd Grade, Breakout EDU

Breakout EDU is an immersive learning game platform that mimics the popular Breakout Room experience in the classroom. The kit is a collection of re-settable locks, boxes, and items. Players use teamwork and critical thinking to solve a series of challenging academic based puzzles in order to open a locked box.

Clinic Minute

This flu season started early this year and there is widespread and intense flu activity. The Center for Disease Control (CDC) data shows that there has been a rapid increase in the numbers of people seeking medical care for flu like illnesses.

This season, the predominant strain is also the nastiest, H3N2, which causes the worst outbreaks of the two influenza A viruses and two types of influenza B viruses that circulate among people and are responsible for seasonal flu epidemics each year. Seasons when H3N2 strain dominates are associated with more hospitalizations, deaths and illnesses. Those who are most at risk are the very young, the elderly and people with certain chronic health conditions, experts say.

Parents should call or bring their children to see the doctor if their children are not drinking, are lethargic, have pain their chest or are having difficulty breathing after normal activity, such as going upstairs. If your child is getting better and suddenly gets worse, seek medical attention right away, as this could be a sign of a secondary bacterial infection.

Bellbrook School Board Policy on illnesses states that students must remain home from school if they have a fever of 100.0 or higher and they must remain home until they are fever free for 24 hours without fever reducing medication.

Take everyday preventive actions to stop the spread of germs.

- Try to avoid close contact with sick people.
- While sick, limit contact with others as much as possible to keep from infecting them.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone for 24 hours without the use of a fever-reducing medicine.)
- Cover your nose and mouth with a tissue when you cough or sneeze.
- Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.

Source: (<https://www.cdc.gov/flu/protect/habits/index.htm>) The Washington Post- Lena Sun

Counselor's Corner

Let's Spread Kindness!

The **Kind Kids Club** has been busy throughout the year completing different Random Acts of Kindness projects. In December, the club organized the Kind Coins for Harvey fundraiser. We raised a total of \$600 that will be used to help build a new playground for one of the schools affected by Hurricane Harvey. The winning class from each grade received a popcorn party; Mrs. Combs' class, Ms. Sizemore's class, Ms. Hof's class, and Mrs. Tompkins' class! Thank you to those of you who donated!

February 17th is **National Random Acts of Kindness Day**, so we will be holding a Kindness week from February 12-15th at Bell Creek to promote kindness. Our goal is to encourage students to spread kindness throughout the school and community one act of kindness at a time! We will start off each morning by members of the Kind Kids Club reading a kindness message on the announcements and giving the building a Random Act of Kindness challenge for the day. We will also be doing a spirit week!

Monday, February 12th: #TeamKindness - Wear your favorite sports team apparel!

Tuesday, February 13th: Hats off to Kindness- Wear a hat!

Wednesday, February 14th: Show your LOVE of Kindness! - Wear Pink/Red

Thursday, February 15th: Crazy about Kindness- Wear Crazy Socks!

Our **Classroom Counseling** topic for the month will also be on kindness! As we go to the classrooms, each student will write down his or her idea of an act of kindness that will be displayed in the cafeteria!

Thank You

Bell Creek had a very successful Jump Rope for Heart Campaign this year! Thank you to everyone who donated, collected donations, and those who volunteers to help with activities for this event at school! All donations go directly to the American

Heart Association.