

Please join us online for a session on...



Positive Parenting

The Early Childhood Mental Health Team at the Greene County ESC will facilitate virtual meetings to empower parents of children ages 0-10, through positive supportive networking. Each month new information will be presented to encourage us to reflect on communication with our children without blame or shame, but through the use of humor, support, and resource sharing. We will create a space for honest conversations about the challenges of raising children to help avoid burnout and build stronger relationships.

Tuesday, February 13th - 8:00pm-8:30pm

Wednesday, February 14th - 1:00pm-1:30pm

Tuesday, February 27th - 8:00pm-8:30pm

Wednesday, February 28th - 1:00pm-1:30pm

This month we will be discussing : *Guidelines and Suggestions for Reducing and Monitoring Screen Time*

Join each meeting here:

<https://zoom.us/j/97049694203>



E-mail:

ECMHTeam@greeneESC.org

**for more information
or if you can't make
a session but want
to know more!**

